

# JEP&S Parents as Teachers

SUMMER 2018 NEWS TO KNOW

## WE WISH ALL THE CHILDREN GRADUATING FROM PARENTS AS TEACHERS AND THEIR FAMILIES WELL!

As your child heads off to kindergarten, we hope the transition goes smoothly. While this will be your last PAT newsletter if your youngest (or only) child has aged out of the program, you can still keep up with us on Facebook and Twitter. We love to hear what our past PAT families are up to, and your parent educator would love to see a first day of school picture!

If you haven't yet registered your child for kindergarten, please visit [the JCPS Welcome Center](#) to do so.

## MAKE TIME TO CONNECT WITH YOUR CHILDREN THIS SUMMER--MAKE TIME FOR 9!

The connection between parents and children is critical, even when our lives feel really busy. Dr. David Schramm suggests that parents focus on making "time for nine" each day: 9 meaningful touches, the 9 minutes that matter the most, and 9 minutes of conversation. In his blog at <http://cupofconnection.blogspot.com/2015/02/make-time-for-9.html>, he shares:

"First, research shows that children need 8-12 **(9) meaningful (safe) touches** every day to feel connected to a parent. These can be as simple as a pat on the back, a fist bump, a hug, or even playful wrestling with a child. If a child is going through a tough time, they could use even more meaningful touches. We are wired to connect with each other and meaningful touch helps with attachment, trust, healing, and health. For example, in one research study preterm newborns who received just three 15-minute sessions of touch therapy each day for 5-10 days gained 47 percent more weight than premature infants who only received standard medical treatment!

**9 minutes that matter** – the first 3 minutes after children wake up; the first 3 minutes after coming home from school, child care, etc.; the last 3 minutes of the day – before they go to bed (reading, song, snuggle, words, calm). If parents work during these times, make the first and last minutes with the child count. Make those moments special and help children feel loved. These moments can be easily rushed by parents who are busy, running late, tired, or distracted. Children of all ages need parents to slow down, look them in the eyes, and talk with them or ask questions. But they are important moments for children and they often reach out for connection during these 9 minutes. For example, I love to spend a few minutes snuggling in my 9 year old daughter's bed the first thing in the morning. It sets the tone for the day and instead of yelling and rushing her to get up, I try to enjoy the first few minutes of the day with her.

**9 minutes of conversation** – depending on age, children need at least 9 total minutes of “face time” with a parent (eye-to-eye). It may be 9 minutes straight, or a minute here and there. Infants especially need to look into their parents' eyes and connect so attachments can be strengthened. It is important for parents to understand that even babies need to be talked to – it doesn't matter what we say. Teenagers also need a good 9 minutes of interaction with a parent, to keep the lines of communication open.

Creating meaningful connections doesn't take big chunks of time. It's often the small and simple things that build strong connections over time."

We hope that you are able to spend some time with your child(ren) this summer, whether it is traveling on a special vacation, around town, or at your home. All of these provide learning opportunities for your child, and opportunities to create memories and build connections.

## HAVE YOU GIVEN US YOUR FEEDBACK?

The PAT Program Evaluation and Parent Educator Evaluation survey has been emailed out and paper surveys given to families with preschoolers at the Southwest Early Childhood Center. Please fill it out if you haven't, so that we can continue to strengthen our services. Thank you for helping us best meet your needs!

## MAY PARENTS AS TEACHERS CALENDAR:

*Events will be held at the Southwest Early Childhood Center, at 812 St. Mary's Blvd. in Jefferson City unless otherwise noted. Please use the main front door (the one with stairs leading up from St. Mary's Blvd. and the marquee sign in the grass out front.). Parking is around the sides and back of the building.*

**Thursday, May 10 is the last day for home visits** for the 2017-2018 school year.

**Friday, May 11 will be the last day that the Drop In and Play Center will be open** for the 2017-2018 school year, due to preschool screening.

**Monday, May 14-Thursdays, May 17: Screening for preschool** for children who are age 4 by July 31st, for classes at the Southwest Early Childhood Center at Callaway Hills classroom. Call 659-3026 to schedule a screening appointment. Screening Monday-Wednesday will be held at 204 Dix Road, and Thursday will be at 812 St. Mary's Blvd.

Expect a phone call from your parent educator in mid-August to schedule your first visit of the 2018-2019 school year. Please let them or the Southwest Early Childhood Center office (573-659-3026) know if your phone number or address changes over the summer so that we know how to find you.

While we do not offer group connection events over the summer, there is always something going on in our community!

## ONGOING SUMMER COMMUNITY EVENTS:

**Tuesdays: Preschool Story Time** at the Missouri River Regional Library's Art Gallery. Through May and beginning again in mid-August, this will be held from 10:30-11:00 am. In June, July, and the beginning of August before school starts, this will be held at 2 p.m. Stories and music for preschoolers, ages 3-5.

**Wednesdays: Family Fun** at Missouri River Regional Library (art gallery) from 10:30-11:30 a.m. Stories, music, crafts, and activities for children of all ages.

June 6: Rhythm, Rhyme, & Repeat

June 13: Book Characters Rock!

June 20: Rock & Roll is Here to Stay

June 27: Animal Music

July 11: Rocks Rock

July 18: Sounds Abound

July 25: An Ocean of Sound

August 1: My Neighborhood Rocks!

August 8: Sounds of the Night

August 15: Drum with Me

**1st and 3rd Fridays: Rhyme Time** at Missouri River Regional Library (story hour room). Come from 10-10:30 OR 10:45-11:15 a.m. A special time of music, movement, and socialization for babies and their caregivers ages two and under.

**Imagination Station at Capital Arts** offers an art education opportunity for children and adults, of all ages. Open Monday-Friday 12pm-6pm, Saturday 1pm-4pm and Sunday 1pm-4pm. The Capital Arts Imagination Station is designed for children and adults alike to drop in and create art! (no children left unattended) Although it is geared towards children as young as preschoolers, adults are always welcome. The Imagination Station is equipped with recycled materials (plastic containers, paper towel tubes, egg cartons, etc.) as well as scissors, glue sticks, crayons, markers and paint. Suggested donation of \$1/person.

<http://www.capitalarts.org/imaginationstation>

**Open Gym at Tiny Tumblers:** Open Gym days are a no-enrollment free play time for kids while parents supervise. \$5 per child, ages 2-6 years. Session Times offered: Monday 3:30-5:00pm Thursday 11 a.m.-12:00 noon at 2632 Industrial Drive.

**Saturdays: What's Going On?** Programs and activities for all ages 10 AM–2 PM. The Runge Nature Center offers exploratory tables, activities, and/or crafts every Saturday throughout the year. Stop in to see what adventure awaits you during "What's Going On?" at the nature center.

**Summer Reading Program "Libraries Rock!" from May 19-August 11** at Missouri River Regional Library. All ages can read books, earn prizes, and attend fun events all summer long! Tune up your reading and rock your way through two levels of prizes this summer! The Garage Band level earns free books and pizza. The Stadium Rocker level earns more books and a bag of themed prizes. Best of all, completing both earns you a Backstage Pass. Bring this pass to the summer reading party on August 11 and exchange it for chances to win one of an array of raffle prize packs. Libraries Rock, and so can you! Adults, did you know that reading with your family for three hours counts as you reading one book for yourself? Adults and teens can win prizes too!

**Mondays-Fridays\*: Little Splashers Playtime** from 10:30-11:30 a.m. Enjoy the play structure area at Memorial Park Family Aquatic Center or the zero depth area at Ellis-Porter Riverside Pool during a time specifically reserved for little ones. Admission fee of \$2.00 is required for all participants. This is geared for youth six years old and under with an adult guardian (15 years or older.) \*Little Splashers is also available on Saturdays at Ellis Porter Riverside Pool (10:30-11:30 a.m.)

Ellis Porter Riverside Pool opens May 29 and Memorial Park Family Aquatic Center opens for the season on May 30 and remains open until August 12. Please remember that toddlers are required to wear swim diapers or plastic pants, which may be purchased at either pool for \$1.75 or bring your own. For more on operating schedule and fees, visit [http://www.jeffersoncitymo.gov/parkfull/swimming\\_pools/pools\\_operating\\_schedule\\_and\\_fees.php](http://www.jeffersoncitymo.gov/parkfull/swimming_pools/pools_operating_schedule_and_fees.php) Swim lessons are also provided at both pools throughout the summer. More information at [http://www.jeffersoncitymo.gov/parkfull/swimming\\_pools/swim\\_lessons/index.php](http://www.jeffersoncitymo.gov/parkfull/swimming_pools/swim_lessons/index.php)

**Learning@11** at the Missouri State Museum, Tuesdays from June 5 through August 14 from 11-11:45 a.m. "Learning@11" is a series of interactive programs exploring various aspects of Missouri's cultural and natural history specifically focused on age groups 4 to 7 years using more activity-based programming. See each month below for topic/theme. Location- Museum classroom located inside the Capitol in the History Hall on the First Floor/East Wing. For more information please call (573) 751-2854. Visitor access to the Capitol is via the carriage drive on the south side of the building. All visitors 13 years and older are subject to security screening.

## MAY COMMUNITY EVENTS:

**May Children's Programs at Runge Nature Center: Squirm the Worm**



Worms don't push their way through dirt, they eat their way! Recycling waste and making the soil rich and healthy, these dirt dwellers are the unsung heroes of the animal world! Join us to learn more about these fascinating subterranean squirmers. Registration begins May 1 for the May programs. Call 573-526-5544 to sign up for a program requiring registration. If you are unable to attend a program, please call and cancel as a courtesy to those on the waiting list.

Babes in the Woods (Registration required, ages 0-2 years)

May 22 • Tuesday • 10–11 AM

May 25 • Friday • 10–11 AM

Little Acorns (Registration required, ages 3-6 years)

May 16 • Wednesday • 10–11 AM

May 30 • Wednesday • 10–11 AM

Little Acorns PLUS (Registration required, For this program, you need one child in the 0-2 age range AND one child in the 3-6 age range.)

May 18 • Friday • 10–11 AM

May 24 • Thursday • 6–7 PM

**Saturday, May 5: Shakespeare for Young Audiences: Twelfth Night**, 10-11 a.m. at Missouri River Regional Library. A Theatre for Young Audiences adaptation of Shakespeare's classic. Sebastian and Viola are twin brother and sister, shipwrecked, with Sebastian lost at sea. All by herself, in a strange place, what is Viola supposed to do? Featuring adult actors, Twelfth Night is a hysterical story of mistaken identities. Enjoy trickery, sword-fighting and true love in the original words of William Shakespeare.

**Sunday, May 6: Porchfest** from 1-4 p.m., on the 500-700 block of Capitol Avenue. Porchfest JCMO is about art, music, history and just plain family fun! Join us for a family friendly time of some really talented music on the historic porches of Capitol Avenue in Jefferson City. [www.facebook.com/porchfestjcmo](http://www.facebook.com/porchfestjcmo)

**Saturday, May 12: Mom and Me** at Missouri River Regional Library, 11 a.m.-noon. Celebrate Mom with crafts and activities at the library! Seed a pot with garden herbs, create garden row markers and Mother's Day cards and more.

**Saturday, May 12: What's Going On? Archery** 10 AM–2 PM at Runge Nature Center. No registration required. Ever wanted to learn an exciting and ancient outdoor skill? Then archery is for you! Join us as we learn the basics of archery, what equipment to use, and how to shoot safely. Follow the signs to our onsite archery range. All equipment will be provided.

**Wednesday, May 16: KidSight Vision Screening** at Missouri River Regional Library, 10-11 a.m. Representatives of KidSight will be here to offer quick, free vision screening for children six and under.

**Wednesday, May 16: Music & Making (ages 2+)** at LapSpace Robotics in the Capital Mall, 10 a.m. Craft and playtime choices for the kids, with the last 20 minutes of the hour singing and playing along to some favorite children's songs. Register in advance at [LapSpaceRobotics.com](http://LapSpaceRobotics.com) (name, ages, contact info) to ensure there are enough materials. \$3 per maker.

**Friday, May 18: Family Movie Night (Ferdinand)** at Missouri River Regional Library, 6:00-8:00 pm. Bring a folding chair, sleeping bag, blanket or pillow and join the fun. Light snacks and drinks provided. Note: This is an after-hours event. The front library doors will close at 6:15 pm.

**Saturday, May 19: What's Going On? Nature Art** 10 AM–2 PM at Runge Nature Center. No registration required. Are you a budding artist? Join us as we create art inspired by nature. Professional artists will be on hand to discuss their work, which will be on display during our "Call to Nature's Art" lobby exhibit.

**Saturday, May 19: Summer Reading Kickoff Concert: Bablao** at Missouri River Regional Library, 2-3 p.m. Kick off your Libraries Rock summer reading adventure with an interactive family concert featuring Babaloo! Reading program registration begins the morning of this date and will continue into the summer.

**Saturday, May 19: Backyard Concerts Series: FolkArts@ the Landing** 7-8 p.m. at the Jefferson Landing State Historic Site (100 Jefferson St.) To celebrate a 30-year partnership between the Missouri Folk Arts Program and the Missouri State Museum, this season's first concert will feature master fiddler John Williams, master guitarist Kenny Applebee and their apprentices. This is a "BYOC" (bring your own chair) event. Grab your family, lawn chairs and a picnic supper and join us on the Lohman Building Lawn.

**Saturday, May 26: What's Going On? Turtles** 10 AM–2 PM at Runge Nature Center. No registration required. Traveling through every forest and river in Missouri are many different turtles. Come learn about these neat reptiles that carry their house on the back. There will be lobby activities, crafts, and turtle races!

**Saturday, May 26 & Sunday, May 27: Salute to Veterans Celebration and Air Show** at the Columbia Regional Airport, 9 a.m.-4 p.m. <http://www.salute.org/>

**Saturday, May 26 & Sunday, May 27: For the People Pow Wow**, noon-10 PM Saturday and noon-5 PM Sunday at the Jefferson City Jaycees Fairgrounds. For the People Pow Wow features gourd dancing, intertribal dancing, tribal singing and vendors with products made by Native Americans. Inside the pavilion, dancers in native dress will take part in gourd dancing at noon on both Saturday and Sunday, and before the main Saturday evening dance session and Grand Entry. Cost: \$3 for adults. \$1 for school aged children. Elders and pre-schoolers are free Contact: For more information, contact Greg Olson at (573) 814-9135 or [ftppowwow@gmail.com](mailto:ftppowwow@gmail.com)

**Wednesday, May 30: Helen Haynes Presents Musikgarten** at Missouri River Regional Library. 10:30-11 a.m. for ages 0-3, 11:15-12 p.m. for ages 3-6. Music and movement for children and their caregivers.

**JUNE COMMUNITY EVENTS:**

**Learning@11** at the Missouri State Museum (inside the Capitol), Tuesdays from June 5 through August 14 from 11-11:45 a.m. (See notes in "Ongoing Summer Community Events" section for more details).

June 5: *Now and Then.*

Technology today is leaps and bounds from that of our grandparents. We're always looking for ways to do things better, faster and easier. Come see some common things that have changed between now and "back then."

June 12: *Bears Where? Bears in the Capitol!*

There are three bears in the Missouri State Seal. If you look closely, you'll also see bears all over the capitol building. Learn about how Grizzlies became a symbol of Missouri. Then go on a bear hunt inside the capitol!

June 19: *Lead Mining in Missouri*

Miners have worked in Missouri mines for over 300 years! Join us to learn about the underground world of mines and how they impact neighboring communities.

June 26: *What's the Buzz about Bees?*

Learn what the buzz is about bees that live near you. How do you tell them apart? What makes them so special?

**Family Friday** at the Missouri River Regional Library from 11 a.m.-noon. For all ages.

June 8: Sounds Like Science (Silly sound stations! Interactive activities like Chicken in a Cup, Echolocation in Action, and more. )

June 22: I See a Song (What does rock, country, pop or classical music look like? Create drawings as you listen to different types of music, and see for yourself.)

June 29: Nature's Choir (Activities and crafts featuring the sounds of nature, from animals to weather. Guess the sound games, "snake" rattles, rain sticks and more.)

### **June Children's Programs at Runge Nature Center: Marvelous Monarchs**

These beautiful orange butterflies make a long and dangerous journey as they migrate across North America. Fly in to learn what makes the monarch butterfly so loved and so marvelous! Registration begins June 1 for the June programs. Call 573-526-5544 to sign up for a program requiring registration. If you are unable to attend a program, please call and cancel as a courtesy to those on the waiting list.

Babes in the Woods (Registration required, ages 0-2 years)

June 14 • Thursday • 10-11 AM

June 26 • Tuesday • 10-11 AM

Little Acorns (Registration required, ages 3-6 years)

June 6 • Wednesday • 10-11 AM

June 12 • Tuesday • 10-11 AM

Little Acorns PLUS (Registration required, For this program, you need one child in the 0-2 age range AND one child in the 3-6 age range.)

June 8 • Friday • 10-11 AM

June 28 • Thursday • 6-7 PM

**Saturday, June 2: KidsFest** 10 AM-2PM in downtown Jefferson City. KidsFest is a fun-filled day dedicated to children and their families. This area-wide event brings thousands of families together for an exciting day of fun. Young children through tweens will enjoy games, demonstrations, and activities all free of charge. Find up-to-date details at the KidsFest Facebook event page.

**Tuesday, June 5: Trash to Treasures** at Missouri River Regional Library's art gallery from 10:30-11:30 a.m. Turn recyclable materials into works of art! You decide what to create. A variety of materials will be available.

**Thursday, June 7: Beat the Heat** at Ellis-Porter (Riverside) Park with the Missouri River Regional Library from 10-11 a.m. Beat the heat with cool games in the library park! Sidewalk chalk, hula hoops, jump ropes, parachute play, bubbles, and more.

**Friday, June 8: Stars Under the Stars-The Lion King**

Enjoy your favorite movies on a giant inflatable screen under the stars. Bring lawn chairs, blankets, and refreshments and be entertained by these FREE family films shown at the Ellis-Porter Riverside Amphitheater. Pre-show activities sponsored by Freshwater Church begin at 7:00 p.m.. Movies start at dusk, approximately 8:45 pm.

**Saturday, June 9: Capital Crappie Club Kids Fishing Derby Youth Fishing Derby**

Wal-Mart Kids Casting Contest at Binder Lake. 7:00 - 8:00 am: Tournament registration at Binder Tackle Shop., 8:00 - 9:00 am: Capital Crappie Club Fishing Derby, 9:00 - 10:00 am: Wal-Mart Kid's Casting Contest, 10:00 - 11:00 am: Awards ceremony. Details at [http://www.jeffersoncitymo.gov/programs\\_and\\_activities/youth\\_fishing\\_derby.php](http://www.jeffersoncitymo.gov/programs_and_activities/youth_fishing_derby.php)

**Saturday, June 9: Monarch Mania!** 9 AM-3 PM at Runge Nature Center. Come to this fun, family-friendly event to learn about the monarch butterfly and other pollinators in Missouri. Activities: Games, crafts, & scavenger hunts, Butterfly hand painting, Guided walks on trails, Presentations and videos, Booth display by Missourians for Monarchs members. Take a native plant home! Talk to experts on butterflies, gardening, and butterfly habitat! Enter a drawing to win a pollinator planter! Discover how you can help monarchs thrive.

**Saturday, June 9: Mystery at Camp Runamucka featuring Oh My Gosh Josh** at the Missouri River Regional Library, 2-3 p.m. For all ages. Join Oh My Gosh Josh for a trip to Camp Runamucka, where a mystery is at hand. You'll meet Brian the Raccoon who learns that someone at camp is an impostor trying to shut down the fun! Can we solve the mystery together? An interactive performance for the entire family!

**Monday, June 11: Family Book Bingo** at the Missouri River Regional Library's art gallery from 6:30 pm - 7:30 pm. An hour of bingo fun for the entire family. Winning cards earn prizes for ages 12 and under.

**Friday, June 15: Fishing Fun** at Runge Nature Center, 5:30 PM-8 PM No registration required. Have you ever wondered what types of fish inhabit our Runge pond? Here's your chance to find out! Join us for an evening of catch-and-release while relaxing and enjoying the warm summer air. Follow the signs along Raccoon Run trail to find the pond (0.4 miles). Fishing poles and bait are provided. Ages 16 and older will need a valid fishing permit

**Friday, June 15: Family Movie Night:** Peter Rabbit (PG) at the Missouri River Regional Library's art gallery from 6-8 p.m. Blankets and pillows welcome! Light snacks will be provided. NOTE: This is an after-hours program- the library doors will be closed at 6:15 pm.



**Friday, June 15: Welcome to Neverland Pool Party**, 6:30-8 p.m. Calling all lost boys and Tinkerbells. An adventure full of a treasure hunt, cool crafts, snacks, and of course swimming is just waiting for you at Ellis-Porter Riverside Pool. Call (573) 634-6482. Pre-registration required. \$10 per child (No charge for guardians, who must stay for the event). For Youth: 2 - 10 years. More information and registration on pool special events at [http://www.jeffersoncitymo.gov/parkfull/swimming\\_pools/pool\\_special\\_events.php](http://www.jeffersoncitymo.gov/parkfull/swimming_pools/pool_special_events.php)

**Saturday, June 16: Dad & Me** at the Missouri River Regional Library's art gallery from 11 a.m.-noon. Bring dad, and celebrate at the library! Build a LEGO vehicle to run down our mini mountain race course, create towers and bridges out of mini-marshmallows and toothpicks, or design a card for dad. LEGOs are for use at the library only.

**Sunday, June 17: Dads swim for free** at either Memorial Park Family Aquatic Center or Ellis-Porter Riverside Pool with a paid youth admission

**Saturday, June 23: What's Going On? Insect Investigation** 10 AM–2 PM at Runge Nature Center. No registration required. Just below our feet lies an exciting world of insects. Come explore the Runge area with insect nets and bug viewers! There will be lobby activities, games, crafts, and insect investigation groups exploring Runge!

**Saturday, June 23 : Backyard Concerts Series: FolkArts@ the Landing** 7-8 p.m. at the Jefferson Landing State Historic Site (100 Jefferson St.) River Ridge String Band will play traditional, old-time, Celtic, folk and bluegrass music. Join us to hear the sounds of hammered dulcimer, guitar, banjo, mandolin and percussion. This is a "BYOC" (bring your own chair) event. Grab your family, lawn chairs and a picnic supper and join us on the Lohman Building lawn.

**Wednesday, June 27: KidSight Vision screening** at Missouri River Regional Library, 10-11 a.m. Representatives from KidSight will be there to offer quick, free vision screening for children six and under.

## JULY COMMUNITY EVENTS:

Runge Nature Center July Programming is not available as of the "print" date of this newsletter. Visit <https://nature.mdc.mo.gov/discover-nature/places/runge-conservation-nature-center> in late June to view the events calendar and/or Habitat Happenings newsletter.

Learning@11 July themes are not available as of the "print" date of this newsletter. Visit <https://mostateparks.com/events/park/missouri-state-museum> or <https://www.facebook.com/pg/MissouriStateMuseum/events/> for details.

**Family Friday** at the Missouri River Regional Library from 11 a.m.-noon. For all ages. July 13: Family Rocks! (Bring the family and create another one out of rocks! Silly pet rock decorating for everyone.)

July 27: Beach Bash (Family beach games and crafts in the library gallery, featuring relays, the limbo, and shell friends crafts.)

**July 3-4: Salute to America "A Capitol Celebration"** Jefferson City's annual 4th of July celebration, Salute to America, features the largest fireworks display in Central Missouri. This event fills the city's downtown festival district with carnival rides, a massive parade, concerts, car shows and more. Schedule of events and entertainment at <http://www.salutetoamerica.org/>

**Tuesday, July 10: Trash to Treasures** at Missouri River Regional Library's art gallery from 10:30-11:30 a.m. Turn recyclable materials into works of art! You decide what to create. A variety of materials will be available.

**Thursday, July 12: Beat the Heat** at the Missouri River Regional Library (outdoors) from 10-11 a.m. Beat the heat with cool games in the library park! Sidewalk chalk, hula hoops, jump ropes, parachute play, bubbles, and more.

**Friday, July 13: Ice Cream Splash** downtown from 6-9 p.m. This family-friendly event will provide an opportunity to taste-test many kinds of ice cream, enjoy live entertainment, and participate in unique arts and crafts! Proceeds from the Ice Cream Splash will go toward funding a Splash Park in Jefferson City. A Splash Park is a free recreation area, in a public spot, for water play that has little or no standing water. Tickets on the night of the event at \$12 for adults and \$7 for children 3-11. To save \$2 and purchase in advance, visit <https://www.facebook.com/IceCreamSplash>

**Friday, July 13: Stars Under the Stars-The Nut Job 2: Nutty by Nature**

Enjoy your favorite movies on a giant inflatable screen under the stars. Bring lawn chairs, blankets, and refreshments and be entertained by these FREE family films shown at the Ellis-Porter Riverside Amphitheater. Pre-show activities sponsored by Freshwater Church begin at 7:00 p.m.. Movies start at dusk, approximately 8:45 pm.

**Saturday, July 14: The Air Guitar Rock and Roll Tour Featuring Sammy J** at the Missouri River Regional Library, 2-3 p.m. St Louis's premiere balloon artist is on tour with an air guitar show! Wacky balloon sculptures, audience participation, and rock music. Don't miss it!

**Friday, July 20: Family Movie Night:** Early Man (PG) at the Missouri River Regional Library's art gallery from 6-8 p.m. Blankets and pillows welcome! Light snacks will be provided. NOTE: This is an after-hours program- the library doors will be closed at 6:15 pm.

**Friday, July 20: Trolls Pool Party,** 6:30-8 p.m. So much Princess Poppy fun that even a Burgen would approve! This hair raising event is held at Ellis-Porter Riverside Pool. Snacks, games, activities, and more swimming than you can shake a Branch at! Call (573) 634-6482. Pre-registration required. \$10 per child (No charge for guardians). For Youth: 2 - 10 years. More information and registration on pool special events at [http://www.jeffersoncitymo.gov/parkfull/swimming\\_pools/pool\\_special\\_events.php](http://www.jeffersoncitymo.gov/parkfull/swimming_pools/pool_special_events.php)

**Wednesday, July 25: KidSight Vision screening** at Missouri River Regional Library, 10-11 a.m. Representatives from KidSight will be there to offer quick, free vision screening for children six and under.

## AUGUST COMMUNITY EVENTS:

Expect a phone call from your parent educator in mid-August to schedule your first visit of the 2018-2019 school year. Please let them or the Southwest Early Childhood Center office (573-659-3026) know if your phone number or address changes over the summer so that we know how to find you.

Runge Nature Center August Programming is not available as of the "print" date of this newsletter. Visit <https://nature.mdc.mo.gov/discover-nature/places/runge-conservation-nature-center> in late June to view the events calendar and/or Habitat Happenings newsletter.

Learning@11 August themes are not available as of the "print" date of this newsletter. Visit <https://mostateparks.com/events/park/missouri-state-museum> or <https://www.facebook.com/pg/MissouriStateMuseum/events/> for details.

**Thursday, August 2: Beat the Heat** at Ellis-Porter (Riverside) Park with the Missouri River Regional Library from 10-11 a.m. Beat the heat with cool games in the library park! Sidewalk chalk, hula hoops, jump ropes, parachute play, bubbles, and more.

### **Friday, August 3: Stars Under the Stars-Homeward Bound**

Enjoy your favorite movies on a giant inflatable screen under the stars. Bring lawn chairs, blankets, and refreshments and be entertained by these FREE family films shown at the Ellis-Porter Riverside Amphitheater. Pre-show activities sponsored by Freshwater Church begin at 7:00 p.m.. Movies start at dusk, approximately 8:45 pm.

**Tuesday, August 7: Trash to Treasures** at Missouri River Regional Library's at gallery from 10:30-11:30 a.m. Turn recyclable materials into works of art! You decide what to create. A variety of materials will be available.

**Friday, August 10: Family Friday--Around the Campfire** at the Missouri River Regional Library from 11 a.m.-noon. For all ages. Join us around the library fire for silly camp songs and activities

**Saturday, August 11: Summer Reading Program Party with Mad Science** at Missouri River Regional Library, 11 a.m.-noon. Bring the Backstage Pass you earned during our summer reading program and exchange it for chances to win great raffle prizes! Mad Science of St. Louis will be here for a Sounds Like Science show starting at 11:00.

**Monday, August 13: Family Book Bingo** at the Missouri River Regional Library's art gallery from 6:30 pm - 7:30 pm. An hour of bingo fun for the entire family. Winning cards earn prizes for ages 12 and under.

**Saturday, August 18 : Backyard Concerts Series: FolkArts@ the Landing** 7-8 p.m. at the Jefferson Landing State Historic Site (100 Jefferson St.) Join us to dance or just listen to "traditional, foot-stompin', accordion-squeezed, French-howlin' tunes from the swamps." This is a "BYOC" (bring your own chair) event. Grab your family, lawn chairs and a picnic supper and join us on the Lohman Building lawn. Dancing shoes welcome!

**Friday, August 17: Family Movie Night:** A Wrinkle in Time (PG) at the Missouri River Regional Library's art gallery from 6-8 p.m. Blankets and pillows welcome! Light snacks will be provided. NOTE: This is an after-hours program- the library doors will be closed at 6:15 pm.

**Wednesday, August 22: KidSight Vision screening** at Missouri River Regional Library, 10-11 a.m. Representatives from KidSight will be there to offer quick, free vision screening for children six and under.

***Save the Date: PAT Movie Night at the Library, Thursday, August 30 at 6 p.m. We will be watching "Inside Out" and sharing information about feelings!***

## FOR MORE EVENTS OR DETAILS ABOUT EVENTS:

For more family friendly events in Jefferson City, Holts Summit, and the surrounding area, visit the events calendar at [www.jeffersoncity.macaronikid.com](http://www.jeffersoncity.macaronikid.com).

Information on events available in our community this summer has come from the following sources. Please check them out for more information or additional events:

Missouri River Regional Library offers lots of free, family-friendly events all summer long! Check out their events calendar at [www.mrrl.org](http://www.mrrl.org) or on facebook at [www.facebook.com/MORiverRegionalLibrary](https://www.facebook.com/MORiverRegionalLibrary).

The Runge Nature Center offers many free, family friendly events as well. You can download a Habitat Happenings newsletter from their website or sign up to have it emailed or snail-mailed to you. You can even sign up for texts about their events. <https://nature.mdc.mo.gov/discover-nature/places/runge-conservation-nature-center>

Jefferson City Convention and Visitors Bureau page at <http://www.visitjeffersoncity.com/events.php>

City of Jefferson City Department of Parks, Recreation, and Forestry at [http://www.jeffersoncitymo.gov/programs\\_and\\_activities/parks\\_special\\_events/index.php](http://www.jeffersoncitymo.gov/programs_and_activities/parks_special_events/index.php)

The Missouri State Museum (inside the Capitol). Website at <https://mostateparks.com/park/missouri-state-museum> or on Facebook at [www.facebook.com/MissouriStateMuseum](https://www.facebook.com/MissouriStateMuseum)






## STAY CONNECTED WITH US!

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